

PROMOTION RECOMMENDATION
UNIVERSITY OF MICHIGAN
MEDICAL SCHOOL
DEPARTMENT OF PSYCHIATRY

Sheila A.M. Rauch, Ph.D., assistant professor of psychiatry, Department of Psychiatry, Medical School, is recommended for promotion to associate professor of psychiatry, with tenure, Department of Psychiatry, Medical School.

Academic Degrees:

Ph.D.	2000	University of North Dakota
M.A.	1997	University of North Dakota
B.A.	1995	University of South Florida

Professional Record:

2010 - present	Adjunct Assistant Professor of Psychology, University of Michigan
2005 - present	Assistant Professor of Psychiatry, University of Michigan
2003 - 2005	Assistant Professor (clinical) of Psychiatry, University of Pennsylvania
2000 - 2003	Instructor (clinical) of Psychiatry, University of Pennsylvania
1/1998 - 5/1998	Instructor of Psychology, University of North Dakota

Summary of Evaluation:

Teaching: Dr. Rauch is actively involved in our educational programs. Her reputation has led to her involvement in educational and training activities on a national and international basis. She is assistant director of the psychology postdoctoral fellowship program at the Veterans Administration Health System and director of the Psychotherapy Core, Mental Health Services. Dr. Rauch is involved in lectures to medical students on cognitive behavioral therapy, posttraumatic stress disorder, anxiety disorders, treatment outcomes research and clinical research methods. She organizes the VA Psychology and Behavioral Health Grand Rounds and the monthly Psychology and Behavioral Health Grand Rounds Lecture at the VA. These lectures are core training for the medical students and residents. This year she organized and brought a national expert in TeleMental health using Prolonged Exposure Therapy for PTSD as part of the VA Grand Rounds Series. In 2009 she was appointed local evidence based psychotherapy coordinator. She is certified in Prolonged Exposure (PE) and provides didactic training on assessment and treatment of PTSD within the clinical psychology training programs from the University of Michigan and Eastern Michigan University. Together with Kenneth Adams, Ph.D., professor and associate chief for education, Mental Health Service, VA Ann Arbor Healthcare System, they designed and established a newly funded VA Clinical Psychology Postdoctoral Training Fellowship. She serves as primary mentor for postdoctoral trainees including a minimum of two hours of weekly face-to-face individual supervision and additional mentorship. All of her trainees have obtained positions consistent with their career goals, including psychologist positions in the VA.

Since the beginning of the VHA PE National Roll Out Initiative, Dr. Rauch has served as a consultant to the program and a trainer. Prior to the initiation of the VHA initiative for training therapists in Prolonged Exposure, she trained providers in the VA Ann Arbor Healthcare System's PTSD Clinic in PE. She was recruited by VA Central Office to consult on the design and implementation of the National VHA PE Roll Out Initiative based on her expertise in the therapy and dissemination of the method. For the last PE Roll Out Training, 90% of the attendees rated her expertise and training as excellent (1-4 scale) and 95% rated the quality of instruction and her teaching ability as good or excellent. In addition, once per year she provides her local PE training, including 8 hours of didactics and in-depth consultation on a minimum of two training cases.

Since December of 2010, Dr. Rauch has served on a newly created committee with the mission of professional education for the members of the Anxiety Disorders Association of America (ADAA). She has served on various national committees focused on dissemination of evidence based practice in mental health through expert consensus findings and clinical practice guidelines. She has led several VHA national conference calls, including a call about the impact of TBI on PTSD treatment and a presentation on the updated PTSD treatment guidelines. Attendees rated these talks as excellent. In April, 2011, Dr. Rauch was asked to go to Japan to provide training in the screening and assessment of PTSD and PE in response to the earthquakes and tsunami. She traveled to Japan as part of a team that conducted workshops to help health care professionals and community leaders address mental health concerns in the wake of the disaster, including preparing for future cases of PTSD.

Research: Dr. Rauch has been successful in receiving a VA CDA-2 award focused on neurobiological, psychophysiological, and cognitive mechanisms of change in PTSD treatment. As a result of her success, she obtained an extension to this award to conduct an additional feasibility study for a MERIT review award submission that will expand the design of the CDA-2 study to include examination of emotional processing and regulation through fMRI paradigms. As further recognition of her expertise in bringing to bear specialized neuroscience methods on treatment outcomes for PTSD, she was recently funded as the PI for a multi-site study that will be the largest PTSD trial funded to date (five year DOD-funded study with over \$14 million budget).

Nationally, Dr. Rauch is recognized as a clinical trials methodology and design expert and a translational clinical trials outcomes research expert in anxiety disorders and PTSD. Dr. Rauch's extensive background in treatment outcomes research gives her a skill set that is in demand within the University of Michigan TSARG research group and in the Psychiatry Department. She currently serves as key co-investigator on a number of grants, both federal and non-federal, providing her expertise to other departmental investigators conducting clinical trials, including Drs. Liberzon and Phan (Psychiatry) and Dr. Julia Seng OB-GYN, School of Nursing and IRWG). Dr. Rauch's expertise in PTSD treatment is recognized throughout the Department of Defense (DOD) and VA systems and as a result she has served in many leadership capacities. Dr. Rauch has been successful in publishing high quality manuscripts with significant influence on the field of PTSD research. She is the author of 27 publications including publications in first tier journals in her area (*Journal of Consulting and Clinical Psychology*, and *Journal of Traumatic Stress*). She has disseminated early findings in prominent national and international

scientific meetings with excellent response from the academic community, including the American College of Neuropsychopharmacology (ACNP), the Association for Behavioral and Cognitive Therapy (ABCT), and the Anxiety Disorders Association of America (ADAA). Dr. Rauch serves on the editorial board of the *Journal of Anxiety Disorders* and has taken on leadership roles in activities of the Anxiety Disorders Association of America and International Society for Traumatic Stress Studies.

Recent and Significant Publications:

Cigrang JA, Rauch SAM, Avila L, Bryan CJ, Goodie JL, Hryshko-Mullen A, Peterson AL & the Strong Star Consortium: Treatment of active duty military with PTSD in primary care: PTSD-PC program early findings. *Psychological Services* 8:101-113, 2011.

Rauch SAM, Grunfeld TEE, Yadin E, Cahill SP, Hembree EA, Foa EB: Changes in reported physical health symptoms and social function with prolonged exposure therapy for chronic posttraumatic stress disorder. *Depression & Anxiety* 26:732-738, 2009.

Rauch SAM, Defever E, Favorite T, Duroe A, Garrity C, Martis B, Liberzon I: Prolonged exposure (PE) for PTSD in a veterans health administration PTSD clinic. *Journal of Traumatic Stress*, 22:60-64, 2009.

Simon NM, Connor KM, Lang AJ, Rauch SAM (4/10)...Pollack, MH: Paroxetine-CR augmentation for posttraumatic stress disorder refractory to exposure therapy. *Journal of Clinical Psychiatry*, 69:400-405, 2008.

Rauch SAM, Foa, EB: Emotional processing theory and exposure therapy for PTSD. *Journal of Contemporary Psychotherapy* 36:61-65, 2006.

Service: Dr. Rauch is the director of the Serving Returning Veterans' Mental Health Program at the VAAHS. She serves as the director of Psychotherapy Core and chair of the Psychotherapy Resource Panel that is responsible to support the provision of evidence based psychotherapy in the Mental Health Service. She chairs the Psychiatry Department's Psychotherapy Competency Committee. She serves on the Research Council of the Department of Psychiatry. At the national level, she served on the VA/DOD PTSD Clinical Practice Guideline Committee and serves on the VA/DOD PTSD Clinical Practice Guideline Committee leading the psychotherapy section of the guideline. Dr. Rauch provides outreach to community organizations, including talks at Eastern Michigan University and the National Association for the Mentally Ill (NAMI), 20th Annual Advances in Psychiatry Conference. As evidence of Dr. Rauch's growing international reputation, she was a senior member of a national team of experts who traveled to Japan in response to the recent disasters to provide training and establish research connections as a PTSD clinical trials expert.

External Reviewers:

Reviewer A: "The combination of scientific rigor, clinical expertise and commitment to the study of evidence-based psychotherapy for PTSD has characterized Dr. Rauch's career. As a

highly regarded clinician-scientist she has won wide respect and, as a result, been appointed to several important committees that have had a profound influence on VA clinical policy.”

Reviewer B: “Dr. Rauch’s contributions to the field of PTSD have garnered a great deal of regional and national attention. One noteworthy accomplishment that reflects her national stature as an expert in Prolonged Exposure therapy is her recent professional visit to Japan following the country’s devastating earthquake, tsunami, and radiation disaster. Dr. Rauch was invited to co-facilitate a 2-day training of Japanese mental health professionals in the assessment and treatment of PTSD and lectured on Prolonged Exposure.”

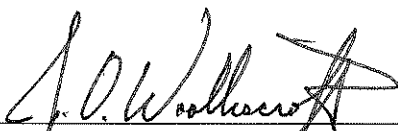
Reviewer C: “She has conducted training at all levels of professional development from graduate students to advanced professionals. While juggling her clinical and administrative responsibilities, she has carved out an impressive research career.”

Reviewer D: “Without a doubt, Dr. Rauch would be promoted to Associate Professor at my institution....Given her qualifications and prolific scholarship record, she would be an ideal candidate for recruitment by another institution.”

Reviewer E: “...she has emerged as one of the up-and-coming leaders in the anxiety disorders field, particularly in the area of psychosocial treatment of posttraumatic stress disorder (PTSD)....She is an emerging leader in the national and international PTSD research community, making substantial contributions to research, training, and clinical practice.”

Summary of Recommendation:

Dr. Rauch has a national and international reputation as an expert in PTSD research and treatment. She is a leader in education and clinical service as demonstrated by her appointment as evidence based psychotherapy coordinator and director of the Serving Returning Veterans Mental Health Program. She has been successful in securing external funding and recently received DOD funding of \$14M for the largest multisite clinical trial for the treatment of PTSD. She is often called upon to serve on national committees and consult on national initiatives in the Department of Defense and VA. She served on the VA/DOD PTSD Clinical Practice Guidelines Working Group and the VA/DOD Treatment of PTSD/TBI/Pain Consensus Conference. She is currently on the VA/DoD PTSD Tool Kit Committee. She has served several years on the International Society of Traumatic Stress Studies Program Committee. I enthusiastically recommend Sheila A. M. Rauch, Ph.D. for promotion to associate professor of psychiatry, with tenure, Department of Psychiatry, Medical School.



James O. Woolliscroft, M.D.

Dean

Lyle C. Roll Professor of Medicine

May 2012